

## Find out more

Call Aspect Plan Management

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## Psychology Partners Centre

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# Enhanced NDIS Psychology Services Package

**INCLUSIVE | IMPACTFUL | EVIDENCE-BASED**

[www.psychologypartnerscentre.com.au](http://www.psychologypartnerscentre.com.au)



# About the service

Psychology Partners Centre and Aspect Plan Management have partnered to bring NDIS participants an exclusive psychology program designed to make the most of their NDIS funding. This unique package offers a range of mental health and support services led by skilled psychologists and mental health professionals.

The program offers NDIS participants personalised, evidenced-based care that is designed to support their mental health alongside their social, emotional, and functional needs.

## What's included?



Well-being Officers maintain regular contact with participants every second week to monitor their progress, provide support, and encourage ongoing personal development.



Personalised one-on-one psychologist sessions focused on achieving functional outcomes, building resilience, and creating personalised skill plans.

Trained psychosocial recovery coaches collaborate closely with psychologists to support participants in achieving their unique goals and skill development plans.



## What is involved?

Participants attend weekly sessions with a coordinated team of mental health professionals, including psychologists, psychosocial recovery coaches, and wellbeing officers.

Save Up To  
**\$6,000**  
per year\*



This is an example of the enhanced structure that will be ongoing based on individual needs.

## What is the advantage?

The Enhanced NDIS Psychology Services Package offers participants consistent, regular support where they can benefit from a diverse range of practitioner expertise. This enhanced model increases participants' contact hours with mental health practitioners, which offers maximum value for their NDIS funding compared to traditional psychologist appointments at the same cost.

The program supports ongoing opportunities for skill building and reflection between psychologist sessions, with a collaborative focus on achieving personalised goals and continued well-being.

*\*Save up to \$6,000 per year compared to having weekly psychology sessions*

## Benefits

- ✓ Maximises Participant NDIS Funding No
- ✓ Waitlist for Psychological Services
- ✓ Frequent and Regular Support
- ✓ Supported Skill Practice and Development
- ✓ Access to Multiple Mental Health Professionals